



PACIFICA COLLEGE OF
eurythmy

NEWSLETTER | January 2025

And the year begins...

With each passing year another chapter in the life of Pacifica is completed. Once it is written, we look back and see what we have learned, ask what we need to learn, see what we have achieved, ask what we need to achieve as we strive to fully meet the people -and the circumstances that come towards us. At some point we realise that the College is really its own 'being' now. And then we can even ask: Pacifica, what do you want from us for the future?

End of Year sharing

In that spirit, the final term of 2024 closed with a presentation that was shaped not by the tutors with student input, but by the students themselves. Beatriz, Sky and Ronja who will all graduate at the end of 2025 each introduced part of the sharing and led demonstrations of different aspects that had been worked with in class in the preceding weeks.

Sky Anderson wrote:

For me creating an end of term presentation together felt very much like we were colleagues working as a team, rather than a teacher -student scenario. I felt like it brought us all closer together and the creation was equally shared between us. This equality I felt was also experienced by those who participated in the

presentation. I felt we could meet each other on even ground, together exploring and experiencing this work.

3rd Year projects

This close collaboration was in part possible because Sky, Bea and Ronja had each presented their individual 3rd year project earlier in the term. Their themes were: Rhythm; Contraction and Expansion; and The In-between Space. All three spoke articulately, with insight, confidence and humour, drawing on and examining objectively their own experiences, asking open questions and making new discoveries.

Ronja Sophia Schneller noted:

... In a coincidence that we were very happy about, we realised our three themes complemented each other well. It felt powerful to come together and prepare a community Eurythmy experience for the beginning of our presentations. What we were able

to achieve together was something very special that we couldn't have done without each other....



Soon to be graduated
(from left to right)
Sky, Ronja and Beatriz



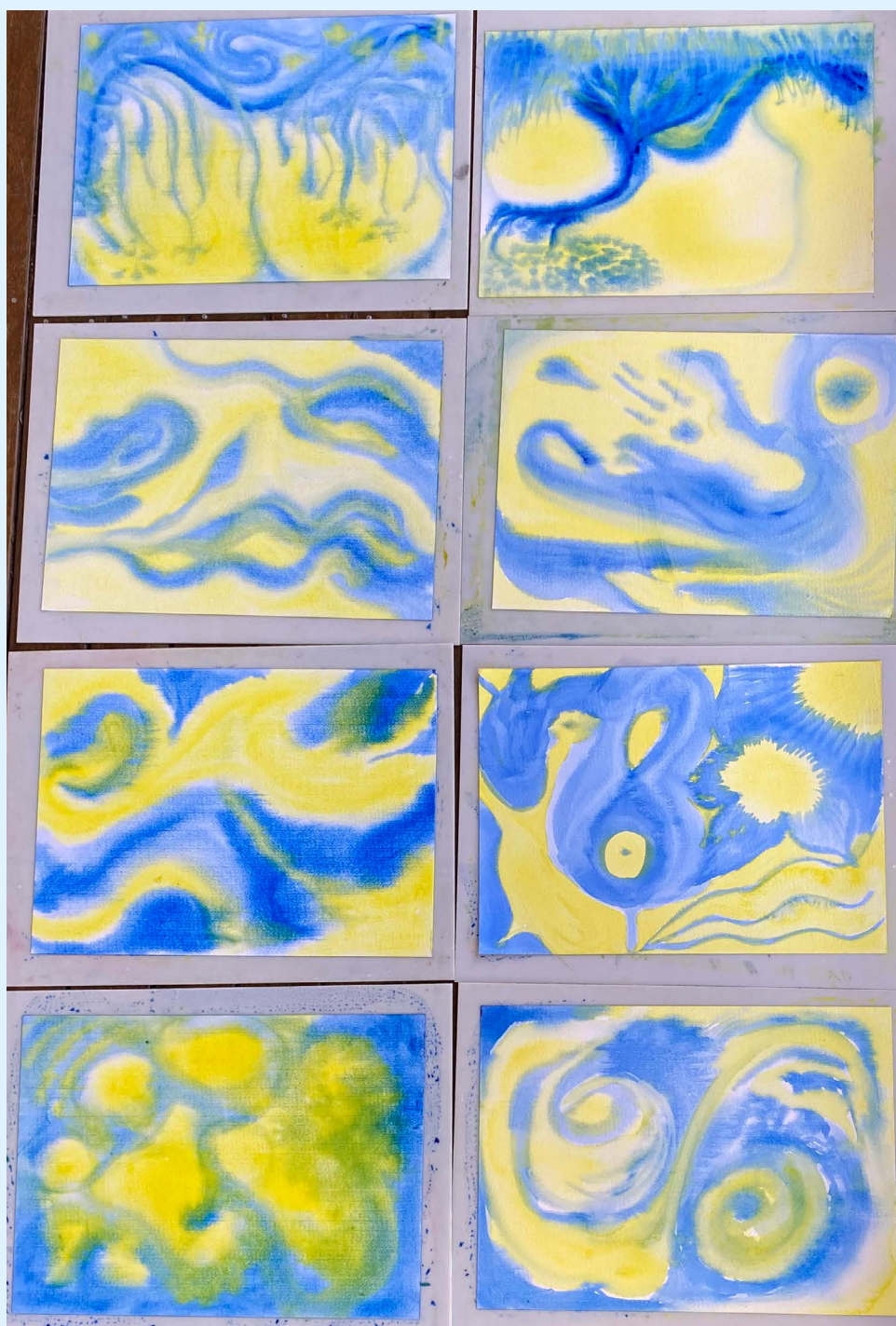


Popup week #2- more sharing

Some old friends and some new ones joined us for Popup week #2 in October. Once again it was great for students to work in an extended group and to move some forms that are only possible with 16 participants. Several school classes dropped in to observe our work and we had a spontaneous symphonic moment when 20 class three children jumped up to join the adults. The photo opp. was missed but we all had fun! Sally Davison led us in two painting sessions, and began an investigation into the morphology of anatomy focussing on the heart which ran for six sessions. It was a lively and imaginative process of observing and becoming familiar with the movements of bodily fluids/ blood from in the simplest (single cell amoeba) to the most complex (humans) of beings.

People are enjoying the Popups and we'll continue to offer them in 2025.

Popup week was a nurturing experience as Eurythmy so often can be. I was warmly welcomed and easily became part of the group of teachers and regular students. Popup week is a great stand-alone experience in Eurythmy while also giving a glimpse of the full-time training. -Kristyn Burns



Pacifica Recognition and graduates in school

During their first years of operation trainings are known as 'initiatives' by the Goetheanum. Once three successive cohorts of students have graduated (and had their diploma approved by the Goetheanum Eurythmy Circle) the training can become fully recognised. We are very delighted to report that Pacifica College has now achieved full recognition. It is a real acknowledgement of the hard work everyone has put in (tutors and students alike) over the past six years. We are also extremely proud that of our eight graduates six are already – or are about to begin -working in Steiner schools.

Three of those more recent graduates share their reflections on their transition to the classroom:

Micala Campbell

I have had the privilege of teaching Eurythmy at Noosa Pengari Steiner School this past year, fresh out of my training at Pacifica College! It has been an absolute joy to see the children take up this art form anew, and some very much for the first time, mostly with enquiry and enthusiasm. We have been learning together what feels good in the space and where our challenges arise. Each day this year has been a step towards developing a rich and engaging eurythmy program for these bright and beautiful children. I have loved working with the diversity of ages from kindergarten up to class 12.

Looking forward with faith, hope and love for Eurythmy.



Alexander Carletti (2024)

Teaching Eurythmy this year has been a great joy and learning curve. Teaching across prep to yr 7 has given me a deeper appreciation of the whole primary spectrum of ages and curriculum. I have enjoyed the dynamic and social dimensions of Eurythmy and believe it has a vital and strengthening development for the class as a whole and the individual children within it. I am looking forward to continuing teaching and developing content for 2025.



News From the North Flensburg Germany

I have had the wonderful luck to land in a school which holds Eurythmy, with such love and importance, at the centre of their school and have done so for 40 years.

Here I observe the substance that eurythmy can become in a school. Each student of every age no matter how young, old, pierced, colourful, loud or shy is - through the substance that is built and maintained here - led into the doorway that eurythmy is and finds themselves twice a week (for their whole school LiFe !!!) with such strength and openness in the space, time and health of beingness that Eurythmy offers.

To see how reliably the students find themselves in the space of eurythmy, the confidence with which they step into this space and allow themselves to be seen and see each other in all that eurythmy brings, is allowing me to experience and witness the essential importance of what eurythmy can BE in our education and what it can grow into in these wonderful young people of the world.

The highlight for me while observing and dipping into

this school (where 3 eurythmy rooms are in constant use by 5 wonderful teachers who each have their very own way of leading a class into Eurythmy,) is to see each age especially through high school fully immersed and active in eurythmy, each individual participating so fully with so very much absolute activity of their whole being!!!!

With Such warm wishes to Australia and all who surround Pacifica and Eurythmy there.



What Lies Ahead...

2025 will see our six 3rd/4th year students continue working full-time, and a small intake of 1st year students begin in a new part-time format which will enable them to work elsewhere two days per week. Several people in the local community want to do more eurythmy- but not the full training. These enthusiasts are keen to join the new students for one day per week. The senior students will probably have a role in co-running these combined sessions in a further bid to expand our tutor/student collaborative working.

September 2025 tour

The groundwork has been done for an ambitious performing tour with the students. Many schools had been asking for us to come, and we felt this group of students would be up for the challenge- which they are!! They are really keen to co-design the performances and to include demonstrations and even audience participation.

SO- on September 7th -20th we'll set off to visit Sydney, Adelaide, Perth...and Yallingup!

Nine schools have already booked performances, several other are yet to confirm.

Advertising will be coming out in the new year.

And finally...save the dates!

We are excitedly plotting and planning to bring the highly skilled and experienced Social Eurythmist Teresa Mazzei to Australia for one month (dates still tbc but probably mid-January to mid-February 2026) to run a Social Eurythmy training. Social Eurythmy is almost completely missing from the Australian landscape and yet it is a powerful and engaging future-force for both individual and team development that can be taken into businesses, offices, factories....

Part of the course will be open to all-comers. 4th year students and qualified eurythmists can attend the full training. Advertising and more information will also be out in the new year.

Dates for 2025

Mon 3 February

Term one begins

Mon 3-Fri 7 February

3rd Popup week #3

Pacifica Tour:

Sun 7-Wed 10 September

Sydney

Thurs 11- Fri 12 September

Adelaide region

Mon 15 - Fri 19 September

Perth and region

New offering!

Every Monday throughout term one: extension eurythmy open to all comers (times and details tbc)

**Once more our thanks to all our supporters who help keep the Pacifica boat afloat
Best wishes for the New Year from us all.**

**All Enquiries to
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